Blackwood Special Schools Outdoor Education Centre Inc.

FRISBEE GOLF

Frisbee Golf Locations
- The Imagination Trail
- The Orienteering Hill

Frisbee Golf Descriptions
- Frisbee Golf is a fun activity where students are challenged to throw a Frisbee around a set Bush Course.
- Students are given the opportunity to calculate their scores as they participate in the Activity.
- The Imagination Trail Course involves walking around sealed but hilly 720m track.
- The Orienteering Hill Course involves walking through the Bush to complete the Course.
- The Imagination Trail Course is a 10 Hole Frisbee Golf Course.
- The Bush Course is a 18 Hole Frisbee Golf Course.

Age Suitability
- All ages

Staff Ratio
(remember Blackwood Special Schools Outdoor Education Centre Inc. Staff cannot be considered as part of your Staff : Student Ratio at any stage during your Blackwood Experience.)
- 1:10 - leaders/teachers/adults to campers (a minimum of 2 Visiting Staff must accompany Frisbee Golf)

Blackwood Special Schools Outdoor Education Centre Inc. Staff Experience
- Blackwood Special Schools Outdoor Education Centre Inc. Staff have previous experience in preparing, implementing, leading and reviewing Frisbee Golf.
- They are confident of their own experience & ability to safely implement Frisbee Golf.
- Blackwood Special Schools Outdoor Education Centre Inc. Staff have experience in Frisbee Golf.
- Blackwood Special Schools Outdoor Education Centre Inc. Staff are aware of the intricacies involved in implementing the Frisbee Golf including, but not limited to:
  - Equipment required
  - Students causing problems during the activity
  - Risk Management & Emergency Procedures
- All other Logistical requirements for Frisbee Golf.

Group Leaders Experience
- Must have previous experience in supervising groups in outdoor recreation activities.

Student Participant Experience
- Ability & Willingness to safely be involved in Frisbee Golf.
- Awareness of others and safety guidelines relating to Frisbee Golf.
Blackwood Special Schools Outdoor Education Centre Inc. Responsibilities

- To ensure the Activity is appropriate for the age, ability & experience of the visiting students.
- To safely & confidently implement Frisbee Golf.
- Take responsibility for the technical and related safety of participants engaged in the activity.
- Confirming Weather conditions with Group Leaders prior to preparing the Frisbee Golf Activity.
- Briefing participants about the nature and purpose of the activity, about potential hazards and appropriate safety procedures and instructions to be followed.

Group Leaders Responsibilities

- The Group Leader will be responsible for the supervision and behaviour of campers on the activity, at all times and for first aid.
- Assessing first aid requirements, identifying campers at risk e.g. asthma and appointing the first aider.
- Informing other Visiting Staff of their roles in the behaviour, supervision and instruction of campers.
- Checking the suitability of clothing and equipment carried by Campers and other Visiting Staff.
- Undertaking a head count prior to, during and after the Frisbee Golf Activity.
- Implementing sun safe strategies for all Campers & Visiting Staff.
- Recording all incidents – including near misses – on the Incident Notification Form and / or patient Care Report and advising the Blackwood Special Schools Outdoor Education Centre inc. Staff and their School Principals.
- Assuming all Blackwood Special Schools Outdoor Education Centre Inc. Staff Responsibilities – as listed above – if leading the Activity without Blackwood Special Schools Outdoor Education Centre Inc. Staff support.

Visiting Staff Responsibilities

- To carry out tasks as directed by the Group Leader and / or Blackwood Special Schools Outdoor Education Centre Inc. Staff.
- These may include – but are not limited to:
  - Monitoring the welfare and fitness of campers;
  - Assisting the Group Leader and Blackwood Special Schools Outdoor Education Centre Inc. Staff;
  - First aid responsibility;
  - The supervision and behaviour of campers; and
  - Adhering to the safety rules.

Participant Responsibilities

- Adhering to the safety rules and directions of:
  - Blackwood Special Schools Outdoor Education Centre Inc. Staff
  - Group Leader
  - Visiting Staff

Safety Equipment, Inventory & Clothing Requirements

<table>
<thead>
<tr>
<th>Blackwood Staff</th>
<th>Group Leader</th>
<th>Visiting Staff</th>
<th>Participants</th>
</tr>
</thead>
<tbody>
<tr>
<td>Frisbees</td>
<td>1st Aid Kit</td>
<td>Sunscreen</td>
<td>Hats</td>
</tr>
<tr>
<td>Score Cards &amp; Pens</td>
<td>All Medical Details</td>
<td>Snacks</td>
<td>Appropriate Clothing</td>
</tr>
<tr>
<td>Wet Weather Coats</td>
<td>Water</td>
<td>Water</td>
<td>Water</td>
</tr>
<tr>
<td>Safety Briefing</td>
<td>Appropriate Clothing</td>
<td>Appropriate Clothing</td>
<td>Solid Footwear</td>
</tr>
</tbody>
</table>

- Everyone should wear solid footwear at all times eg. sandshoes/runners
  - Thongs, Sandals & Gumboots are NOT appropriate

A destination for exploration
First Aid Requirements

☐ The Group Leader MUST carry a first aid kit at all times.
☐ There MUST be a qualified first aider within the visiting staff - not necessarily the Group Leader.
☐ Insect repellent and stingoes is a good idea.

Safety Briefing & Emergency Response

☐ DO NOT Run
☐ DO NOT disturb others who are engaged in the Activity
☐ DO NOT climb into or over old cars
☐ DO NOT climb into old mine shafts
☐ If the Frisbee gets stuck in a tree ask a staff member for assistance
☐ If the Frisbee goes outside the fence as a staff member for assistance
☐ IF THERE IS AN EMERGENCY SITUATION EVERYONE MUST STOP AND FOLLOW THE DIRECTIONS OF BLACKWOOD SPECIAL SCHOOLS OUTDOOR EDUCATION CENTRE Inc. STAFF / GROUP LEADER / EMERGENCY SERVICES

Activity Notes

☐ Anyone Leading Frisbee Golf through Blackwood Special Schools Outdoor Education Centre Inc MUST BE:-
☐ Familiar with Frisbee Golf
☐ Familiar with the Frisbee Golf Activity Safety Briefing
☐ Familiar with Emergency & Risk Management Plans
☐ Currently 1st Aid Level 2 Qualified
☐ When Teeing Players MUST BE touching the Tee Post
☐ To complete the Hole the Frisbee MUST:-
☐ Pass through the tyre;
☐ Sit in the tyre; or
☐ Hit the tyre from the side if there is no clear view of the Centre of the Tyre
☐ When accessing the Imagination Trail Course - if the Frisbee lands off the Trail, students are to pick up the Frisbee and return to the Trail before taking their next shot
☐ Everyone MUST BE checked to ensure they have appropriate gear for Frisbee Golf
☐ Constantly check the health and wellbeing of all members of the group

Environmental Considerations

☐ Groups MUST implement Minimal Impact Practices throughout every Frisbee Golf Game
☐ These include but are not limited to:-
☐ Don't burn or bury rubbish
☐ If you carried it in, you carry it out
☐ Don't feed or leave food for the animals
☐ Leave the Frisbee Golf Course better than you found it
☐ Always walk on the tracks and established paths
☐ Keep the noise to a minimum