

# Alpine 100 RIDE

## Student & staff preparation

**School Name:-** \_\_\_\_\_

**Ride Co-Ordinator:-** \_\_\_\_\_ **Signature:-** \_\_\_\_\_

## Student & staff training log

**Getting your groups out riding in preparation for the Alpine 100 Ride will help ensure they have a successful and enjoyable ride. And if they do, so will you! Use this template to help track your group rides**

**Ability Acronyms:** **I= Incompetent Rider** **P= Poor Rider** **C= Competent Rider** **E= Excellent Rider**

Ride Date				
Ride Terrain				
Ride Weather				
Ride Surface/condition				
Ride Location				
Student Name	Ability	Ability	Ability	Ability
Staff Name	Ability	Ability	Ability	Ability

## Staff qualifications

Name	Qualification	Training Organisation	Expiry Date	Signature

Preference should be given to staff who have cycling experience, current cycling qualifications, first aid qualifications and are able to train & prepare with students.

**Please return this form to Shane Le Fevre by Monday 9<sup>th</sup> of March.**