

<b>Key Learning Program:</b> Resilience	<b>Subject:</b> Challenge		<b>Lesson:</b> Warm up challenges
<b>Minimum time allocation: 30min</b> <b>Learning intention:</b> Accepting that challenges are part of everyday life <b>Success Criteria:</b> I can keep trying when something is a challenge			
<b>Activities for developing concepts and understanding</b>	<b>Blackwood Staff</b>	<b>Classroom Staff</b>	<b>Resources</b>
<ul style="list-style-type: none"> <li>- Introduction</li> </ul>	<ul style="list-style-type: none"> <li>- Meet and greet</li> <li>- Discuss the concept of challenge.</li> <li>- Through the week there are going to be lots of different challenge</li> <li>- Is being challenged good or bad?</li> </ul>	<ul style="list-style-type: none"> <li>- Set up online learning area</li> </ul>	
<ul style="list-style-type: none"> <li>- Warm up games</li> </ul>	<ul style="list-style-type: none"> <li>- Your first challenge is going to be trying a few different games that all have different goals.</li> <li>- First challenge is testing your listening skills</li> <li>- Simon says</li> <li>- Lets write the names of the challenges down so you can tick them of when you come back</li> </ul>	<ul style="list-style-type: none"> <li>-Assist students with list of challenges/games <ul style="list-style-type: none"> <li>- <b>Hoop circle</b> Students hold hand or jumper sleeves for no touching. They must get the hoop around the circle as a team without letting go. Can time to add a challenge to beat the time next turn</li> <li>- <b>Shoe stacking</b> Students all take off their shoes and must work together to build</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>-Pen and paper</li> <li>Or</li> <li>-Whiteboard and markers</li> <li>- Tennis ball</li> <li>- Hoop</li> <li>- Soft ball soccer ball size</li> <li>-</li> </ul>

	<p>-After the group has complete the games come back online and reflect with Blackwood Staff member</p> <ul style="list-style-type: none"> <li>- What was the hardest challenge?</li> <li>- Did everyone find the same challenge hard?</li> </ul>	<p>as big a tower as possible only using shoes</p> <ul style="list-style-type: none"> <li>- <b>Quick hands</b></li> </ul> <p>The group has a tennis ball and everyone in the group has to touch it. This is timed. The group comes up with different ways to see if they can do it quicker. E.g. they might trying throwing and catching in a circle, next could try little passes in a straight line, next might try having hands stacked and drop the ball</p> <ul style="list-style-type: none"> <li>- <b>No Hands</b></li> </ul> <p>The group need to pass a ball around the group without using hands not letting the ball touch the ground</p> <ul style="list-style-type: none"> <li>- <b>Paper scissors rock champion</b></li> </ul> <p>In pairs your do paper scissors rock, the losers is out the winner goes on the verse another winner. Winners keep going to the final 2. The winner from them is the champion</p>	
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